



## Artifcts Inspiration Series

# End-of-Year Memory Checklist

You don't need to capture everything—just the moments and objects that help you remember who you were this year.

- ☐ Funniest photo  
(and the story behind it!)
- ☐ A new favorite recipe  
(and a photo of the end result)
- ☐ A handwritten note or card  
you couldn't throw away
- ☐ A souvenir from a trip (map,  
shell, keychain, etc.) and  
photos or video from the trip
- ☐ A ticket, program, or brochure  
from an event you attended
- ☐ A t-shirt or jersey from  
your favorite team or artist
- ☐ A ribbon, medal, or award  
(running bibs too!), and an  
audio of you describing the win
- ☐ A craft, art project, or DIY item  
that you made (and photos  
of you making it!)
- ☐ Holiday ornament or decor  
added this year (and the story  
behind it)